



**FORCEFIELD**  
BODY ARMOUR

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## **Marc Telling** Alpine Ski Racer

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### **Age 21**

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Mark started racing aged 14, his love for the sport grew on the skiing holidays he used to go on with his dad and brothers, the first aged only 4!

2002-2005 Trained in Lofer, Austria as part of the British Development Alpine Team. They trained and raced all four Alpine Disciplines including Slalom, Giant slalom, Super-G and Downhill.

In the summers he attended fitness camps and worked on his skiing technique on Glaciers around Europe. From November racing would start where he would return home for only 3 weeks between then April.

Selected for the English ski team for 5 consecutive years. Much of my time was spent training in Meribel with a Canadian coach, I did take part in fitness camps with them and they supported me financially.

- 2004 2nd in Slalom at the British National Championships. Had trials for the World Junior Championships.
- 2004 BARSC (British Alpine Race Ski Clubs) Slalom Champion.
- 2004 2 top ten results in the Czech republic and 2 in Austria at international level.
- 2003 2nd in Slalom at the English Alpine Championships.
- 2002 English Giant Slalom Champion, and came 3rd in Super-g.
- 2002 BARSC Slalom Champion
- 2001 British Youth Olympic Team for Youth Olympic Games.
- 2001 English Junior Champion for both Giant Slalom and Super-g.
- 2001 BARSC Junior Champion.
- 2000 British Dry slope champion.
- 2000 European Junior Dry slope champion.
- 2000 World Junior Dry slope Champion.

Marc is now dedicating more of his time to coaching and instructing, though still actively racing. He should be ranked well inside the World's top 100 for his year birth by the end of 2005/6 season, and hopefully inside the top 50.